

## **Frances Rossi**

Frances retired in 2016 from a 35 year career in the insurance industry. During this time she worked her way up from clerical positions to that of supervising and coaching teams of claims adjusters.

She enjoys volunteering in the community and has been involved in organizing fundraising events for Foodbank, Big Bike Ride for Heart & Stroke and Christmas Hampers for families with limited resources.

Travel and outdoor activities have always had a place in Frances' life. Since her retirement, besides enjoying spending time with and caring for her granddaughter, she has visited Portugal, Colombia, Thailand and India.